

Dermalogica FACE TREATMENTS

FACE MAPPING FREE • 5-30 min
A Professional, in-depth skin analysis based on your skin and lifestyle.

FACEFIT R150 • 10 min
Fix skin corners fast with our 10 minute express treatment.

PROSKIN 30 R400 • 30 min
Professional grade products with results-intensifying microcurrent technology, radically boosts your skin in just 30 minutes. Targeting your key concern for maximum impact in minimum time.

PROSKIN 60 R625 • 60-75 min
The ultimate Treatment, different every time. Customised with advanced products, techniques and technology. Comprehensive experience to address all skin concerns and achieve healthy glowing skin.

EXPERT ACTIVE R755 • 60 min
Intensive resurfacing treatment, dramatic results. This super charged treatment features our professional grade peel powered up with the latest technology and advanced active ingredients. Achieve dramatically smooth skin and address signs of acne, ageing and hyperpigmentation.



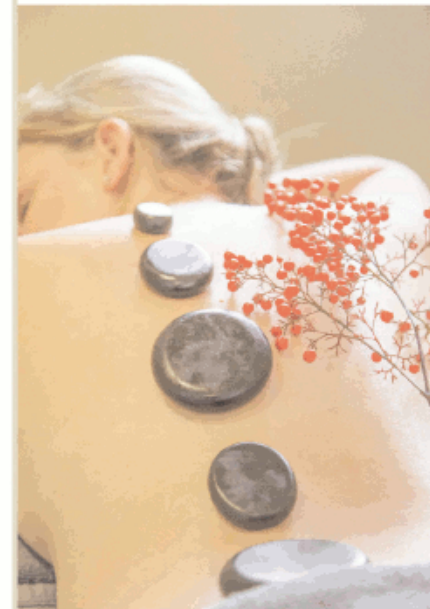
dermalogica
a skin care system researched and developed by The International Dermal Institute

FACE ENHANCERS

Brow Shape R90 • 20 min
Eyelash/Brow Tint R100 • 20 min

WAXING

Lip/Brow/Chin Wax R90 • 20 min
Underarms R200 • 30 min
Bikini Line R250 • 20-30 min
Full Bikini / Brazilian R350 • 45-60 min
Hollywood R400 • 60 min
Full Leg R350 • 60 min
Half Leg R300 • 45 min



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Bliss



at
Rosenhof

BODY EXFOLIATIONS

R350 • 40 min

TheraNaka™
Apricot Kernel Body Scrub

TheraNaka™
Geranium and Pine Sugar Scrub

TheraNaka™
Marula and Sandalwood Sugar Buff

TheraNaka™
African Earth Body Polish



BODY WRAP TREATMENTS

(Include Sauna & Scalp Massage)
R600 • 60 min

TheraNaka™
Detoxifying Mud Wrap

TheraNaka™
Uplifting Mud Wrap

TheraNaka™
Relaxing Aloe Ferox Gel Wrap

TheraNaka™
Revitalising Gel Wrap

TheraNaka™
Muscle Release Body Mud Wrap

TheraNaka™
African Earth Nurturing Body Wrap

Add on

TheraNaka™ Facial R450

OR

Mini TheraNaka™ Facial R350

BODY MESSAGES

Bliss Head Massage R370 • 30 min
(Upper Back, Scalp, Face and Decollate Massage)

Bliss R370 • 30 min
Foot & Lower Leg Massage

Bliss Trio Massage R500 • 45 min
(Head, Back and Foot Massage) R600 • 60 min

Bliss Pregnancy Massage R600 • 60 min

TheraNaka™ R600 • 60 min
Fusion Body Massage R800 • 90 min

TheraNaka™ R400 • 30 min
Fusion Back Massage

TheraNaka™ R500 • 45 min
Vigour Back Massage

TheraNaka™ R800 • 90 min
Aroma Candle Massage

TheraNaka™ R800 • 90 min
African Wood Massage

TheraNaka™ R800 • 90 min
Tri-Scented Shea Butter Nugget Massage

TheraNaka™ R800 • 90 min
African Awakening Massage

Bliss Complete Body Massage R800 • 90 min
(Head & Full Body Massage)

Bliss Hotstone R650 • 60 min
Full Body Massage

Bliss Hotstone R450 • 30 min
Back Massage

HAND & FOOT TREATMENTS

Bliss Manicure R400 • 60 min

TheraNaka™ R450 • 75 min
Spa Manicure

Bliss Pedicure R420 • 60 min

TheraNaka™ R470 • 75 min
Spa Pedicure

Express Bliss R250 • 30 min
Manicure/Pedicure
(Cut, File and Paint)

TheraNaka™ R250 • 45 min
Hand Ritual/Treatment

TheraNaka™ R300 • 45 min
Foot Ritual/Treatment

Add on French Paint R90 • 15 min



GEL NAILS

Gel Overlay R450 • 60 min
Royal Gel Overlay R650 • 90 min
(includes Manicure or Pedicure)

French Lavender R400 • 60 min
Base Treatment

Gel Repair per Nail from R80 • 20 min
Soak Off R180 • 30 min

PACKAGES

Bliss Half Day Package R1500 • 4 Hrs

TheraNaka™ Spa Manicure
TheraNaka™ Spa Pedicure
Dermalogica Face Treatment
Brow Shape
Scalp Massage

Bliss Full Day Package R2300 • 8 Hrs

Sauna
Light Lunch & Drink
TheraNaka™
African Fusion Body Massage
TheraNaka™ Body Wrap & Scrub
TheraNaka™ Spa Manicure
TheraNaka™ Spa Pedicure
Dermalogica Face Treatment
Brow Shape
Scalp Massage

Relaxation Package R1000 • 2 Hrs

Sauna
TheraNaka™
African Fusion Body Massage
TheraNaka™
Foot Ritual
Bliss Head Massage

Royalty Package R1100 • 3 Hrs

Sauna
Dermalogica Face Treatment
Scalp Massage
TheraNaka™
African Fusion Body Massage

Deluxe Package R800 • 2 Hrs

Sauna
TheraNaka™
African Vigour Back Massage
Scalp and Lower Leg Massage